



Safety Video Directory



Table of Contents

| | |
|--|----|
| Back Injury Prevention..... | 1 |
| Blood Borne Pathogens..... | 1 |
| Chemical Safety (Haz Com) | 2 |
| Electrical Safety..... | 5 |
| Fire Prevention..... | 6 |
| Ergonomics..... | 6 |
| Forklift / Material Handling..... | 7 |
| General Industry (Manufacturing) | 9 |
| HAZWOPER | 10 |
| Heavy Manufacturing | 11 |
| Construction Industry | 12 |
| Order Form | 16 |



Phone (812) 696-0880 or (800) 696-5507

Fax (812) 696-0880

www.aitnow.com

Video Preview Policy

You can preview any safety video we offer for **3 business days**, for a fee of \$9.00 per video (Quantity discount available).

Should you decide to keep the video(s), **the preview fee will be waived.** You will then be billed, or you may pay for your order with any major credit card.

Should you decide any program you preview does not meet your needs or is not worth the price, simply ship it back to us. We recommend you ship any returns via UPS or other service that provides a tracking system.

What We Can Do

- **Industrial Maintenance Training** (Hydraulics, Pneumatics, Electrical, Mechanical, Welding, Machining, etc...)
- **Industrial Safety Training** (OSHA 10 & 30 hr outreach training, Forklift, Hazwoper, Electrical Safety, OSHA Compliant Self-Study Kits, etc...)
- **Safety Consulting** (AIT is prepared and equipped to provide a wide range of safety services that include: Safety Program Development and Implementation, OSHA Recordkeeping, Job Hazard Analysis, Compliance Audits, and Written Safety Plans)
- **Industrial Services** (Hydraulic Hose, Filters, Oils, Pneumatic Tools, Reference Manuals, Safety Equipment, Mechanical Contracting & Consulting)

Safety / OSHA Compliance Videos

Back Injury Prevention (Safe Lifting)

1010D - Back Injury (English or Spanish) (34 min.) This safety video explains SYSTEM LIFTING, which means you must be aware of your entire back anatomy and lifting technique to make sure you are lifting properly with the entire SYSTEM. Just learning back anatomy is not enough; just lifting with your back straight is not enough. This program explains SYSTEM LIFTING. **\$129.95**

1001D - Safe Lifting / Back Injury Prevention (English or Spanish) (9 min.) This safety video discusses the variety of lifting tasks in the manufacturing industry that require specific techniques under difficult conditions. This safety video also discusses hazards resulting from incorrect methods of lifting. It is definitely a "must see" safety video for employees before an accident occurs. **\$129.95**

1009D - Back Injury Responsibility (English & Spanish) (10 min.) Explains principles of the back, safe lifting techniques, 10:1 ratio, safe lifting zones, and more. **\$129.95**

1002D - Back Injury Prevention Through Exercise (English or Spanish) (7 min.) An excellent safety video for organizations implementing an "exercise before working" program for all employees. Explains back basics and why exercise is important before starting work. **\$129.95**

1007D - Lifting Safely with Back Belts (English or Spanish) (10 min.) This safety video illustrates how to lift safely and use back support devices. This program is designed for companies using some type of back support or belt. Explains use of belts **\$129.95**

Blood Borne Pathogens

1008B - Blood Borne Pathogens In The Workplace (English or Spanish) (9 min.) This safety training video is for employees who are not normally exposed to blood or body fluids. It provides improvement precautionary information as well as information necessary to protect ones self from exposure to BB Pathogens. **\$129.95**

1010B - Controlling Exposure to Blood Borne Pathogens (English or Spanish) (18 min.) This safety video program was developed to meet training requirements for employees who reasonably anticipate exposure to blood or body fluids on the job. This applies to anyone who is trained in first aid and/or CPR. **\$129.95**

1011B - Emergency Responders: Blood Borne Pathogens (Eng.Span.) (19 min.) This safety video program is designed for paramedics, EMTs, fire, police,

1021B - Needle Stick Injury Prevention (English) (13 min.) This safety video program is designed for anyone using needles or sharp objects in the performance of their duties, but primarily Healthcare Workers. Federal Legislation and accompanying changes to OSHA's Blood Borne Pathogen standards, needle stick injury prevention is a continuing problem in Healthcare. New, safer needles are required, as are other "engineering controls" to help reduce the serious needle stick problem. This program explains the new standards and more importantly demonstrates new needle design and safer needles that are now commercially available. **\$129.95**

1013B - Controlling Exposure to Blood Borne Pathogens (Manufacturing Industries) (English or Spanish) (16 min.) This safety video program meets

SAFETY VIDEO CATALOG

correctional officers, first aid/CPR, and other emergency personnel who might be exposed to blood and other potential hazards. Meets training requirements for Categories I and II employees who anticipate becoming occupationally exposed to blood products. **\$129.95**

1024B - Blood Borne Pathogens & Needle Sticks for Healthcare Workers (English or Spanish) (10 min.) This safety video surveys the issues of exposure to Blood Borne Pathogens and prevention of "Needle Stick Injuries" for those employed in the healthcare industry. Topics discussed include; Universal precautions, Exposure to Blood Borne Pathogens, who is at risk, appraising the risk, personal protection and disposal of biohazards. New technologies like re-engineered syringes as well as new laws and recently proposed Federal Acts are also surveyed. **\$149.95**

1016B - Blood Borne Pathogens 2000 (English or Spanish) (15 min.)

This safety video program was developed with new standards and information relating to life styles, blood borne pathogens transmission, prevention and Standard Precautions. This program is appropriate for First Aid/CPR providers, as well as training for all employees, in case of emergencies. **\$149.95**

training requirements for employees in a manufacturing facility who are designated as first aid/CPR trained or may be occupationally exposed, such as janitorial employees. **\$129.95**

1015B - Blood Borne Pathogens for Non-Healthcare Workers (English or Spanish) (12 min.) This safety video program is designed for all employees regardless of their job to make them more aware of HIV and Hepatitis B viruses that can be transmitted through blood or body fluids contaminated with blood products. Helping an accident victim or providing CPR in an emergency could result in the transmission of BBP. This program can help everyone reduce the risk of exposure to blood borne pathogens. **\$129.95**

1022B - Updated Blood Borne Pathogens (English or Spanish) (14 min.) This safety video program updates the blood borne pathogens standard information, including the new federal law "Needle Stick Prevention Act" and OSHA's new enforcement action. The BBP standard has not changed, however, OSHA is targeting enforcement of engineering controls. This means safer needles, surgical blade removal and other controls. This program is for those persons who are familiar with BBP rules and standards but upgrades their knowledge on the new needle stick law and OSHA enforcement actions. **\$129.95**

Chemicals and Hazardous Materials

1041A - Hazard Communications (English or Spanish) (26 min.) This safety video provides all the updated information relating to a comprehensive Hazard Communication written plan, including functions of the purchasing department, chemical storage, MSDS and proper labeling. This longer version is designed to "train the trainer" and supervisors. It is also excellent for initial training of all employees. This version

1009F - Hazardous Materials and Flammable Safety (English) (16 min.) This safety video defines hazardous materials and flammable liquid, fire triangle, UEL, LEL, flash points, and other information necessary for safety improvement when working with these materials. **\$129.95**

1028A - Lead In The Workplace (English or Spanish) (15 min.) Employees rarely understand the dangers of lead exposure.

AIT TRAINING & TECHNOLOGY

concentrates heavily on what should be included in a written plan. **\$129.95**

1002A - MSDS & Hazard Communications (English or Spanish) (18 min.) This is our most popular MSDS training program. This program covers material required by OSHA for training employees who use chemicals/hazardous materials in the workplace. Describes material safety data sheets (MSDS), labeling requirements, and basic safety when using these materials. **\$129.95**

1023A - Hazard Communications: Cosmetology (English) (13 min.) This program includes a hazard communications manual designed to give clients working in the cosmetology industry guidelines for developing a program to meet OSHA requirements. Explains MSDS, chemical labeling, and general information to train employees in hazard communications. **\$129.95**

1038I - Healthcare Hazard Communications (English)(16 min) This is our Hazard Communications video that meets the OSHA standards for Right To Know / Hazard Communications training. The video footage in this program relates to healthcare profession. **\$129.95**

1005F - Bonding and Grounding of Flammable Liquids (English or Spanish) (9 min.) This safety video illustrates static electricity, bonding and grounding of flammable liquids, how to reduce the risks of potential explosions by reducing static electricity. This program is also available with footage from construction sites if needed. **\$129.95**

1006F - NFPA Hazardous Materials Labeling/I.D. (English) (7 min.) This safety video discusses NFPA labeling and Identification of hazardous materials. This program defined and stresses the importance of understanding these signs and placards. This safety video is used by

They may have general ideas, but this program will give them the important facts regarding exposure to lead and the resulting ailments. **\$129.95**

1020F - Asbestos Threat (English or Spanish) (7 min.) This safety video defines asbestos and discusses where it can be found. Explains how to reduce exposure to this cancer causing substance. **\$129.95**

1021F - Asbestos - Building & Inspections (English) (11 min.) This safety video was produced for building inspectors. Reviews basics for development of inspection plan, and various techniques involved in asbestos inspection. **\$129.95**

1043F - H2S - Hydrogen Sulfide (English or Spanish) (12 min.) This safety video was first produced by the University of Texas for companies whose employees could be potentially exposed to H2S. Includes information relating to safety hazards and preventive measures. **\$129.95**

1046F - Carbon Monoxide Poisoning (English or Spanish) (13 min.) This safety video defines carbon monoxide poisoning and how to reduce the effects of this health hazard. Almost every industry is exposed, but very little attention is given to its effects. Excellent awareness program. **\$129.95**

1047F - Environmental Regulations (English) (10 min.) This safety video is an overview of a basic management program for those companies who use hazardous chemicals. Reviews environmental regulations relating to hazardous chemicals. **\$129.95**

1049F - DOT Shipping of Hazardous Materials (English) (14 min.) This safety video is designed to assist you in the training requirements of anyone involved in shipping hazardous materials. This

SAFETY VIDEO CATALOG

many fire departments.

\$129.95

1007F - Chemical Safety (English or Spanish) (7 min.) This safety video educates employees who use, handle, store, and dispose of chemicals in the workplace. This video meets general requirements for employees who use small amounts of chemicals on a daily basis. **\$129.95**

1008F - Hazardous Materials - Spill Clean Up (English or Spanish) (15 min.) An excellent safety video program for all persons using oil solvents and other hazardous materials. Program explains clean up procedures, emergency action, hazardous waste and provides information to help control the effects of spills and clean up operations. **\$129.95**

1014F - Introduction to Industrial Toxicology (English or Spanish) (15 min.) Terms, definitions and entranceways of toxins into the body are covered in this extensive safety video. The different types of hazards, hazard identification, and exposure limits are discussed including the different types of TLV. Basic emergency response procedures are outlined as well as how to use Emergency Response Guidebooks to identify and properly respond to chemical hazards. **\$129.95**

1017F - Life Saving through Air Monitoring (English) (13 min.) A survey of common toxic atmosphere hazards including oxygen deficiency, carbon monoxide/dioxide and hydrogen sulfide. Also covered are general examples of air monitoring techniques, sampling, calibration and how to deal with combustible and/or toxic gasses. **\$129.95**

1018F - Safety Training Emergency (English or Spanish) (10 min.) This safety video is all about the STEP program of Hazardous Waste Operations (HAZWOPER), also known as Safety Training and Emergency Preparedness. This safety video lays a solid foundation

includes shipping and receiving personnel. This program explains in plain English CFR 49, parts 100-185. It discusses the North American Emergency Response Guide Book, HAZMAT training requirements for shippers, and teaches personnel how to use 49 CFR HAZMAT tables and special provisions. We rate this video a "MUST HAVE" for any organization that ships Hazardous Materials. **\$129.95**

1050F - Benzene (English) (16 min.) Benzene is a carcinogen that is widely used by a number of industries. This safety video fully explains the health hazards associated with working with this chemical. Topics covered include proper safety procedures, personal protective equipment, MSDS information and more. This is a "must have" safety video for new employee training and for any employee who work with Benzene. **\$129.95**

1051F - Hazardous Waste and Chemicals (English or Spanish) (11 min.) What is hazardous waste? What are the dangers? What to do if there is a spill? These are some questions that get answered in this broad overview of working safely with and around hazardous wastes and chemicals. Other issues addressed are exposure avoidance, contamination avoidance, MSDSs, and personal protective equipment. Includes safe work practices when handling, using, storing, or disposing of hazardous materials. **\$149.95**

1015H - Hazard Material: Maintenance Department (English) (27 min.) Excellent program for anyone working in a repair shop, maintenance facility or other general maintenance area. This safety video explains the safety basics for working with a variety of chemicals and hazardous materials, e.g., solvents, flammables, glues, gases, and other potentially hazardous materials. **\$129.95**

Phone (812) 696-0880 or (800) 696-5507
Fax (812) 696-0881 www.aitnow.com

AIT TRAINING & TECHNOLOGY

for the employee to learn all about HAZWOPER and Emergency Response. Along with this is a general survey of the CERCLA and CFR laws that are in place when dealing with hazardous materials.
\$129.95

Electrical Safety

1016I - Basic Electrical Safety in the Workplace (English or Spanish) (10 min.) Awareness program for basic electrical safety in the workplace. Review of safety requirements on plugs, cords, cables, disconnect switches, hand/power safety, and other electrical safety equipment. **\$129.95**

1048I - Electrical Safety Illustrated (English or Spanish) (17 min.) This safety video is designed for training in electrical safety, grounding of electrical equipment, extension cords, double insulated equipment, the third prong, wires, and is generally a great overview of basic electrical safety. Works well for office workers and industrial settings. **\$129.95**

1017H - Electrical Safety Overview (English or Spanish) (9 min.) This safety video is geared to all audiences on safety awareness. Covers basic safety rules when working with electrical equipment. **\$129.95**

1018H - Ground Fault Circuit Interrupters (English or Spanish) (11 min.) An excellent safety video that discusses what GFCIs are all about. Explains how they work and the general safety procedures for protecting against electrical shock. **\$129.95**

1043A - Lockout and Tagout for Affected and Authorized Personnel (English or Spanish) (17 min.) This program meets the most recent training and regulatory requirements. Explains hazardous energy sources, lock requirements, tag requirements, and auditing machinery. Explains requirements

1013H - Elec. Safety Related Work Practices Standard (English) (12 min.)

This video is designed to meet OSHA requirements for training authorized and non-authorized personnel in electrical hazards. Mandatory requirements for training employees not only working with electricity, but employees who operate electrical equipment. **\$129.95**

1026H - High Voltage Electrical Safety (English or Spanish) (29 min.)

Good for all types of workers, contractors, and electricians. Topics covered include: shocks, hazards, protective devices/equipment, general electrical rules, working on energized and de-energized systems, work or equipment above 600 volts, as well as related hazards like fires and toxic fumes. Proper tool usage, first aid, and rescue are also covered as they relate to electricity. **149.95**

1005F - Bonding and Grounding of Flammable Liquids (English or Spanish) (9 min.)

This safety video illustrates static electricity, bonding and grounding of flammable liquids, how to reduce the risks of potential explosions by reducing static electricity. This program also available with Construction footage. **\$129.95**

9028A - What You Need to Know About Batteries (English or Spanish) (16 Min.)

This safety video explains everything you need to know about batteries. It covers how they work, cleaning, maintenance, charging, personal protective equipment and much more. **\$149.95**

1004A - OSHA's Hazardous Energy

SAFETY VIDEO CATALOG

for a mandatory written program and training documentation. Includes an employee booklet (English only) and a 20 question student examination (English or Spanish).

Source (Lockout/Tagout) (English or Spanish) (10 min.) This is a great training tool for "affected" and "authorized" employees in lockout/tagout procedures. **\$129.95**

Fire Prevention

1044F - Fire Extinguisher Training and Use (English or Spanish) (12 min. or 17 min.) This video is available in 2 lengths, 17 minutes and 12 minutes. Choose the one that best fits your training needs. This safety video is designed for all levels of personnel in fire prevention and proper use of fire extinguishers. Topics include approved safety containers, flame quenching, types of fire extinguishers, fire triangle, how to fight a fire, PASS method of fighting a fire, and more. Both versions are comprehensive up-to-date fire prevention programs. **\$149.95**

1002F - Fire Protection / Electrical Safety (English) (9 min.) This safety video supplements OSHA requirements for emergency preparedness training and reinforces safety orientation training in fire protection and electrical safety. **\$129.95**

1004F - Flammable Liquids Safety (English) (9 min.) This safety video is excellent instruction for employees working with flammable liquids. Defines LEL, UEL, flash points, and other potential explosions by reducing static electricity when transferring flammable liquids. **\$129.95**

1022F - Flammables / Combustibles (English or Spanish) (8 min.) We designed this safety video for teaching safety awareness when working with flammable and/or combustible materials. Demonstrates how to store, use, handle, proper labeling and disposal of these materials. **\$129.95**

1024F - Fire Prevention, the Gory Story (English or Spanish) (15 min.) A strong motivational safety video, showing live video of people who have been burned, plus gruesome photos of people who have been burned by flammable liquids, electrical burns, lack of bonding and grounding, emergency evacuations and more. Actual video of people caught in hotel fires, jumping out of windows and other desperate acts. **\$129.95**

1004D - Accidents - "It Can't Happen To Me!" (English or Spanish) (10 min.) This safety video shows how incidents occur and how they can be prevented. Interviews with people who have been involved in accidents, injuries or near misses. Includes survivor of MGM Grand Hotel fire. **\$129.95**

Ergonomics

1044I - Ergonomics for the New Millennium (English) (13 min.) (Training Program) This safety video is designed for computer workstation and industrial applications relating to Ergonomics. Illustrates many of the "poor computer operation" design and operator set up. Shows how to properly position chairs, mouse, monitor, keyboard and general ergonomic principles, so employees will

1009E - Ergonomics and Video Display Terminals (English or Spanish) (10 min.) Video Display Terminals are used in all offices. Improper use can lead to ergonomic injuries. This video covers work area inspections, adjustments, lighting/glare, workstation seating, screen positioning, good work practices, and accessories for the video display terminal. **\$149.95**

AIT TRAINING & TECHNOLOGY

have a better understanding of how to prevent Ergonomic injuries. Explains graphically proper hand, arm, feet and leg positions while working at a computer. Shows Ergonomics for industrial workstations and more. Explains Carpal Tunnel Syndrome and Repetitive Stress Injuries and what employees can do to correct the problems before they become injuries. Accompanied with a floppy disk containing employee booklet and test questions. **\$499.00**

1010E - Office and Computer Ergonomics (English or Spanish) (15 min.) An in-depth look at ergonomics in the office environment: the art and science of fitting the workstation to the physical needs of the employee. Human behavior is an important factor in preventing ergonomic injuries. Various ergonomic injuries are discussed including tendonitis, Carpal Tunnel Syndrome, Musculo-Skeletal Disorders (MSDs). Components of an ergonomic workstation, good work habits, and exercises are also addressed. **\$149.95**

1052I - Ergonomics in Industrial Environments (English) (32 min.) Thorough coverage of ergonomic-related topics as they relate to industrial environments, including Musculo-Skeletal Disorders (MSDs), elements of a good ergonomic program, problem recognition, employee training, gathering workplace ergonomic data, developing workplace controls, minimizing known risks, controlling workplace hazards, general workstation design principles, and work/habit changes that prevent ergonomic injuries are carefully covered. **\$149.95**

1046A - Industrial Workstation Ergonomics (English or Spanish) (13 min.) This ergonomics safety video covers various ergonomic topics as they relate to industrial workstations. This includes musculo-Skeletal Disorders (MSDs), identifying the symptoms of ergonomic injuries, surveying adjustable workstations, implementing ergonomic solutions and lifestyle/habit changes that can prevent ergonomic injuries. **\$149.95**

1031I - Employee Involvement in Ergonomics (English or Spanish) (16 min.) This safety video offers a basic overview of ergonomics and how employees can become involved in the process of making the workplace more user friendly. Covered are some of the different products available, how they are used, and more. **\$129.95**

1051I - Carpal Tunnel in Ergonomics (English or Spanish) (10 min.) Explores basic issues surrounding Carpal Tunnel Syndrome, what it is, and how to prevent it. This includes proper keystroke techniques, good wrist support, keyboard accessories, and hand/wrist exercises. **\$149.95**

Forklift & Material Handling

1017G - Forklift Training - New Requirements (English or Spanish) (60 min.) This video is designed to meet the OSHA training requirements for forklift

1010G - Battery Charging Safety (English or Spanish) (10 min.) This important safety video addresses safety precautions involved when handling

SAFETY VIDEO CATALOG

operators. This program is broken down into short segments on each topic for those training situations when a 60-minute video would be too long. **\$399.00**

1018G - Forklift Site Specific Modules (English or Spanish) (60 min.) 60 minutes of training. The OSHA rules require that forklift operators be trained in "site specific" hazards to which they may be exposed. We have developed this 6 pack of safety videos to help meet the requirements. 6 complete full length safety programs on 1 tape: only! **\$499.00**

1046F - Carbon Monoxide Poisoning

1013G - Electric Pallet Jacks

1010G - Battery Charging

1011G - Propane Safety

1003G - Pedestrians and Forklifts

1008G - Walkie Stackers

1001G - Forklift Operator Training (English or Spanish) (16 min.) A comprehensive safety video for forklift operators in the manufacturing environment. Teaches forklift operators engineering principles, forklift operator safety rules, and maintenance. Excellent addition to your training program. **\$129.95**

1002G - Forklift Instructor Training (English or Spanish) (18 min.) Three short safety videos in one - engineering principles, OSHA operating rules, and equipment maintenance for instructors to concentrate on each subject. **\$149.95**

1003G - Forklifts & Pedestrian Safety (English) (6 min.) Designed for non-forklift operators. This safety video covers basic forklift operating rules, how to co-exist in the workplace with forklift operations. Good program for non-operators in warehouse, distribution, settings. **\$129.95**

1007G - Safety of People & Equipment in Warehouse Operations (English or Spanish) (10 min.) This safety video highlights the relationship of forklift

batteries on forklifts and powered pallet jacks. Examines personal protective equipment use and general safety rules to follow when engaging in electric battery charging operations. **\$129.95**

1011G - Propane Safety (English or Spanish) (10 min.) Safety procedures, personal protection equipment, fire prevention when refueling, and handling, storing and refueling portable propane cylinders are discussed in this program. **\$129.95**

1012G - Order Stacker Safety (English or Spanish) (12 min.) This safety video explains proper safety procedures for operating and maintaining powered pallet jacks. Topics include operator safety rules, daily maintenance procedures, and general safety procedures. Also used to train manual pallet jack operators. **\$129.95**

1013G - Electric Pallet Jack (English or Spanish) (12 min.) Examines proper safety procedures for operating and maintaining powered pallet jacks. Topics include operator safety rules, daily maintenance procedures, and general safety procedures when operating this equipment. **\$129.95**

1015G - Aerial Lift Safety (English) (10 min.) This safety video demonstrates proper donning procedures for body harnesses. Discusses the importance of regular equipment inspection, as well as other safety issues related to aerial lifts. **\$129.95**

1016G - Forking Around (English) (10 min.) From our "what's wrong with this picture" series, students are asked to identify the safety hazards in video clips. The video clips are then played back with narration and graphics depicting the errors. (This program is mildly humorous). **\$129.95**

AIT TRAINING & TECHNOLOGY

operators and other workers for their equal responsibility in providing a safe environment. Stresses the responsibility of safety for every employee, not just equipment operators. **\$129.95**

General Industry (Manufacturing)

1039A - Employee Safety Orientation (English or Spanish) (45 min.) This is the most comprehensive Safety Orientation video program on the market today. This safety video contains a large number of safety topics, including employee safety responsibility, ppe, blood borne pathogens, safe lifting, sanitation and personal hygiene, electrical safety, machines and equipment, ergonomics and more. **\$199.95**

1002A - MSDS and Hazard Communications (English or Spanish) (18 min.) Describes material safety data sheets (MSDS), labeling requirements, basic safety when using hazardous chemicals/materials and more. **\$129.95**

1041A - Hazard Communications (Long Version) (English or Spanish) (26 min.)

Provides all the updated information relating to a comprehensive HazComm written plan, including functions of the purchasing department, chemical storage, MSDS and proper labeling. This longer version is designed to "train the trainer" and supervisors and concentrates heavily on what should be included in a written plan. **\$129.95**

1043A - Lockout and Tagout for Affected and Authorized Personnel (English or Spanish) (17 min.) This program is designed for machine operators, personnel who work near machines but do not operate machines and maintenance personnel. This program meets the most recent training and regulatory requirements. Explains requirements for a mandatory written program and training documentation.

1038A - Ladder Safety (English or Spanish) (9 min.) This video deals with the safe use of stepladders, straight ladders and platform ladders. Explains 4:1 rule when placing straight ladders, the belt buckle rule, 36" requirement for straight ladders above landings, and more. **\$129.95**

1044A - Shift Work and Preventing Fatigue (English or Spanish) (17 Min.)

More than 68% of all shift workers complain of lack of sleep and fatigue. This program is for those employees who work "swing", "graveyard" or changing shifts. This program was developed with assistance from the DOT research on this topic. Explains the necessity for sleep, repayment of sleep debt, how circadian rhythms work and what people can do to reduce the effects of shift work fatigue due to disruption of sleep cycles. **\$149.95**

1045A - Safety for Equipment Maintenance and Engineering (English or Spanish) (15 Min.)

This video gives an overview of the safe practices and principles for the professional engineer and maintenance person who work in and around machinery. Topics include; slips and falls, ladder safety, fall protection, lockout/tagout, hearing conservation, hand protection, skin protection and more. **\$199.99**

1041I - Cause and Avoidance of Accidents (English) (15 min.)

This safety video looks at the causes of accidents and how companies can develop an "accident avoidance" system or program. This safety video is designed for employees to show how their unsafe acts or behavior are the cause of most accidents and how they can

Phone (812) 696-0880 or (800) 696-5507

Fax (812) 696-0880 www.aitnow.com

SAFETY VIDEO CATALOG

Includes an employee booklet (English only) on floppy disk and a 20 question student examination (English or Spanish). **\$199.99**

1031A - The Dark Ages Of Safety (Humorous Program) (English) (12 min.)

The "best ever" for its subtle humor and safety message. Contains black and white footage from the National Archives showing the safety efforts from the 1920s, 1930s, and 1940s. It's non offensive, humorous, yet powerful motivation for obeying safety rules. **\$129.95**

1033A - What's Wrong With This Picture? (I) (Humorous Program) (English) (16 min.)

Fresh approach to video based safety training. Students are asked to identify safety hazards in scenes from video clips. The segments are repeated with narration and graphics explaining what hazards or unsafe acts exist. This method utilizes employee participation to make the training more interesting. **\$129.95**

improve the reduction of accidents. **\$199.99** Video and CD of written materials

1027A - Reporting For Work, Your Safety Responsibilities (English or Spanish) (10 min.)

Designed to educate employees of their responsibilities for reporting to work in proper clothing and proper safety attitudes. General orientation to safety basics that can be used to supplement your safety orientation program for new employees. **\$129.95**

1004A - OSHA's Hazardous Energy Source (Lockout/Tagout) (English or Spanish) (10 min.)

This is a great training tool for "affected" and "authorized" employees in lockout/tagout procedures. **\$129.95**

Hazardous Waste Operations (HAZWOPER)

Hazwoper: Orientation (English or Spanish) (16 min.) This video is an introduction to the basics of HAZWOPER laws and regulations. Provides minimum emergency plan requirements and identifies regulations applicable to HAZWOPER. Excellent program to introduce or refresh personnel in HAZWOPER responsibilities. **\$129.95**

1036F - Identifying Hazardous Materials (English or Spanish) (13 min.) Required training for emergency responders. This video is designed to lay the groundwork for a variety of HAZWOPER skills. **\$129.95**

1037F - Medical Surveillance Program (English or Spanish) (13 min.) This video program was designed to train employees in requirements of a medical program for HAZWOPER, medical examinations, record keeping, and necessary information

1038F - On-Site Safety Considerations (English or Spanish) (12 min.)

Meets basic requirements of annual refresher training and basic safety training of lockout/tagout, confined space entry, unsafe conditions, unsafe acts, and most common physical hazards prevalent in HAZWOPER operations. **\$129.95**

1039F - Chemical Protective Clothing (English or Spanish) (10 min.)

This video explains various types of chemical protective clothing requirements, various limitations of protective clothing and information relating to this important aspects of HAZWOPER training. Includes review of heat stress precautions. **\$129.95**

1040F - Respiratory Protection & Use (English or Spanish) (20 min.)

This video covers basic training requirements for selecting, wearing, using, storing, and

AIT TRAINING & TECHNOLOGY

to meet the annual refresher training or initial HAZWOPER training requirements. **\$129.95**

1042F - Hazwoper: Site Safety & Health Plan (English or Spanish) (14 min.) An overview of general safety and health plan requirements, emergencies incident characterization, remedial actions, and site safety plan creation. Explains site control issues, routine operations, on-site emergencies, medical care, evacuation procedures, and more. **\$129.95**

handling respirators. Illustrates various types of respirators fit testing and how to use them. **\$129.95**

1041F - Donning / Doffing / Decontamination (English or Spanish) (14 min.) Describes how to “don” chemical protective clothing, how to properly remove it, and decontamination procedures. Includes actual HAZWOPER footage of proper decontamination from real life situations. **\$129.95**

Heavy Manufacturing

4001A - Safety Orientation for Foundry Operations (English or Spanish) (12 min.) Most injuries occur to new employees or employees transferred to new tasks. This safety video meets OSHA requirements for training in general hazards as well as guarding, personal protection, accident reporting and more. **\$129.95**

4002A - Hazard Communication in Foundries (English or Spanish) (16 min.) Compliance with hazard communication standards requires specific training in chemicals and hazardous materials found in the workplace. This safety video details the use of material safety data sheets, labels, and chemical information. Meets academic requirements for Hazard Communications training. **\$129.95**

4004A - Eye Protection in Foundries (English or Spanish) (14 min.) The potential for eye injury in foundries is high. This safety video details the requirements for eye protection as well as the types of protection available. **\$129.95**

4005A - Hearing Conservation (English or Spanish) (14 min.) Getting employees to wear hearing protection can be a real chore. This safety video explains the basics of hearing and how to protect it.

4007A - Fit Testing Respirators (English or Spanish) (10 min.) This safety video explains the method of attaining a good fit as well as the types of protection available. Required training for anyone wearing a respirator. **\$129.95**

4008A - Human Behavior, Reducing Unsafe Acts (English or Spanish) (14 min.) The vast majority of accidents in the workplace are caused, in whole or in part, by the unsafe acts of employees. The major emphasis of this safety video is reducing unsafe acts through education. If implemented, this program will reduce accidents by at least 35%. **\$129.95**

4009A - Heat Stress English or Spanish) (11 min.) Employees working in foundries are frequently exposed to heat stress. Heat stress can slow production and it can be a medical emergency. This safety video identifies the signs, symptoms, and prevention of this potential killer. Excellent safety training program for anyone involved in foundries. **\$129.95**

4011A - Cranes, Chains, Slings & Hoists Safety (English or Spanish) (12 min.) Lifting heavy items in foundries is a fact of life. So is the safe use of chains, slings and hoists. This safety video explains inspection, safety procedures, sling angles, hooks, and general rigging techniques. This training program is a best

SAFETY VIDEO CATALOG

\$129.95

seller. **\$129.95**

4006A - Respirators and How to Use Them (English or Spanish) (15 min.)

Employees generally understand the proper use of respirators. They may have a general idea, but this safety video will give them the important facts regarding the use of a respirator. Employees will also feel more secure in wearing them once they understand proper use. Meets academic requirements for training employees in respirators, selection and use. **\$129.95**

4012A - Portable Grinders & Abrasive Wheel Safety (English or Spanish) (13 min.)

Grinders and abrasive wheels are common, yet can be very dangerous. This safety video explains safe use, proper safety procedures and maintenance of these tools. **\$129.95**

4013A - Safe Operations of Overhead Cranes and Hoists (English or Spanish) (12 min.)

This training program is designed to educate and reinforce safety awareness for crane and hoist operators. Program includes a range of safety tips, including lifting/lowering loads, signals, equipment inspection, rigging requirements, sling angles and general safe work practices when using this type of equipment. **\$129.95**

Construction Industry Safety

C001H - Hazard Communications, Your Right to Know (English or Spanish) (10 min.) Excellent program to meet hazard communication requirements by training employees in chemical safety, labeling, and material safety data sheets. **\$129.95**

C002H - Chemical Spills, Leaks & Clean Up Operations (English or Spanish) (15 min.) Meets training requirements for basic spills and clean up procedures. Emphasizes individual safety, proper equipment, and general safety rules relating to spill clean up. **\$129.95**

C003H - Handling and Using Flammable Liquids (English or Spanish) (10 min.) Using flammables requires special procedures and safe handling, storing, using, and disposal of materials. Program meets basic requirements for training personnel using flammable liquids. **\$129.95**

C004H - Bonding and Grounding of Flammable Liquids (English or Spanish) (9 min.) Explains the importance

C011G - Slips and Falls in Construction (English or Spanish) (10 min.) Slips and falls are costly. Highlights individual's responsibility for injury prevention through a proactive approach. **\$129.95**

C013G - Preventing Back Injuries Through Exercise (English) (9 min.) Demonstrates basic exercises to "warm up" the back before beginning work. These exercises will help prevent back injuries and enhance an individual's health. **\$129.95**

C015G - Fire Prevention (English) (12 min.) This program is a great tool for teaching all construction personnel on fire prevention techniques. **\$129.95**

C016G - Permits (English) (10 min.) Educates construction personnel on the proper procedure for permits and hot work permits. **\$129.95**

C001P - Personal Protective Equipment (English or Spanish) (10 min.) This program explains personal protective

Phone (812) 696-0880 or (800) 696-5507
Fax (812) 696-0881 www.aitnow.com

AIT TRAINING & TECHNOLOGY

of bonding and grounding of flammables to reduce the risk of explosions and fire due to static electricity during transfer of flammable liquids. **\$129.95**

C005H - Testing and Monitoring for Hazardous Gases (English or Spanish) (12 min.) General awareness and basic safety for persons who must test and monitor for hazardous gases in such areas as trenching operations, confined space entry, and others. **\$129.95**

C006H - Health Factors in Welding Operations (English) (28 min.) This program explains health hazards associated with welding operations and safety and health procedures. **\$129.95**

C007H - Controlling Carbon Monoxide Poisoning (English) (14 min.) Designed to train employees in hazards and safety procedures when exposed to carbon monoxide poisoning. Explains what causes carbon monoxide and how to prevent exposure to this hazard. **\$129.95**

C008H - Lead in the Workplace (English) (13 min.) Designed for employees in the construction industry who may be exposed to lead in a variety of situations while performing their job duties. **\$129.95**

C001E - Hazardous Energy Source (Lockout / Tagout) (English or Spanish) (10 min.) Mandatory training for both "affected" and "authorized" personnel. Describes lockout/tagout, how to control potential machine and equipment accidents that may be started accidentally through a variety of energy sources. **\$129.95**

C002E - Ground Fault Circuit Interrupter (GFCI) (English or Spanish) (11 min.) Designed to train all employees in the use of GFCI and how the system operates. Program also explains elements of the mandatory GFCI written program. Will increase electrical safety awareness.

equipment and its use on the job site, and more. **\$129.95**

C002P - Eye Protection (English or Spanish) (10 min.) An effective program to make employees more aware of their responsibilities in wearing eye protection when provided. Explains different types of protection, first aid procedures, and more. **\$129.95**

C003P - Hearing Conservation (English or Spanish) (12 min.) Excellent program that explains how hearing loss is acquired through noise, what type of protection to use, and emphasizes the employee's responsibility in wearing the equipment when provided. **\$129.95**

C004P - Heat Stress (English or Spanish) (9 min.) Program explains how to protect your body in high temperature and high humidity environments. Explains precautions to avoid heat stroke, heat exhaustion, and basic first aid procedures. **\$129.95**

C005P - Respirators and How to Use Them (English or Spanish) (10 min.) Program explains the different types of respirators, how they are used, some of their capabilities and limitations. An excellent training program in the use of respiratory protection equipment for employees. **\$129.95**

C006P - How to Fit Test Respirators (English or Spanish) (10 min.) This training video explains why fit testing is necessary, how to properly fit test respiratory equipment, and general information on caring and using equipment. **\$129.95**

C007P - Fall Protection (English or Spanish) (21 min.) Even a short fall can cause serious injury or even death. This great training tool covers body harnesses, shock absorbing lanyards, swing effect, rope grabs, retractable lanyards, and more. **\$129.95**

SAFETY VIDEO CATALOG

\$129.95

C003E - Hand & Power Tool Safety (English or Spanish) (13 min.) Meets training requirements for employees using hand and power tools. Emphasis on individual's responsibility, equipment maintenance, and general safety rules in the use of these tools. **\$129.95**

C004E - Ladder Safety in Construction (English or Spanish) (9 min.) Designed for step and straight ladders. Defines safety requirements, belt buckle rule, 4:1 ratio of straight ladders, how to reduce ladder injuries, and unsafe behavior. **\$129.95**

C005E - Crane Safety (English or Spanish) (13 min.) Crane operators have certain responsibilities, but each person on the job site also has a responsibility when working near cranes. Excellent program in demonstrating safety practices. **\$129.95**

C006E - Backhoe - Loader Operations (English or Spanish) (9 min.) Discusses general safety practices, operating rules, and maintenance procedures for operators of this equipment. **\$129.95**

C005G - Preventing Injury Incidents on the Job Site (English or Spanish) (9 min.) This is another program to increase safety awareness and improve personal accountability for behavior on the job. Excellent program to improve awareness and responsibility in the company's safety efforts. **\$129.95**

C006G - Housekeeping on the Job Site (English or Spanish) (10 min.) Housekeeping on any job site requires teamwork and responsibility. Program stresses individual responsibility, why housekeeping is important and how it improves the overall safety efforts. **\$129.95**

C007G - Call Before you Dig Anything (English or Spanish) (8 min.) Emphasizes the need to contact the

C001M - Confined Space Entry (English or Spanish) (11 min.) Meets training requirements for anyone working or entering a confined space. Program reviews the rules, emergency procedures, and more. **\$129.95**

C002M - Trenching and Shoring Operations (English or Spanish) (12 min.) Meets training requirements for individuals assigned the job of trenching and shoring. Explains the safety rules, requirements, and emergency procedures. **\$129.95**

C007E - Dump Truck Safety (English or Spanish) (15 min.) This program emphasizes job site safety procedures for operators. Reviews checklist on daily maintenance inspections, and loading or unloading procedures. **\$129.95**

C008E - Construction Forklift Safety (English or Spanish) (15 min.) This program details forklift engineering principles, safe operating rules, and operator maintenance. Excellent program to improve forklift performance and safety. **\$129.95**

C001G - General Safe Work Practices (English or Spanish) (12 min.) Outlines basic job responsibilities, safe work practices such as housekeeping, safe lifting, personal protective equipment. Meets requirements for training in exposure to "general hazards." **\$129.95**

C002G - Basic Electrical Safety on the Job Site (English or Spanish) (11 min.) Meets mandatory training in electrical safety. Explains how to avoid specific electrical hazards. Excellent for individuals exposed to electricity on the job site. **\$129.95**

C003G - Lifting Safely in Construction (English or Spanish) (12 min.) Back injury is a major concern in the construction industry. Program demonstrates how the back functions,

AIT TRAINING & TECHNOLOGY

necessary authorities before excavating or digging. Electrical, gas, utilities, telephone, and how to prevent accidents associated with digging operations. **\$129.95**

C009G - Framer Safety (English or Spanish) (16 min.)

Orientation program for persons assigned to framing. Meets training requirements of exposure to general hazards. **\$129.95**

C009E - Gas Welding Safety (English or Spanish) (14 min.) Teaches basic safety rules, operating procedures, and safety awareness. Strongly supports fire prevention. Excellent program for the experienced or inexperienced welder. **\$129.95**

C010E - Arc Welding Safety (English or Spanish) (11 min.) Program emphasizes basic safety rules such as fire prevention, operating procedures, and enhances the arc welder's awareness of their responsibility for safety. **\$129.95**

C011E - Using & Handling Compressed Gas Cylinders (English or Spanish) (8 min.) This program is aimed at the potential hazards and safety procedures required for using and handling compressed gas cylinders. **\$129.95**

C012E - Storing Compressed Gas Cylinders Safely (English or Spanish) (10 min.) Highlights the requirements for proper storing, specific rules, and general safety procedures needed in storing these cylinders. **\$129.95**

C013E - Portable Grinders & Abrasive Wheels (English or Spanish) (13 min.) This program includes general safety rules, ring testing, handling of abrasive wheels, and how to prevent injuries when operating this equipment. **\$129.95**

safest method of lifting, and prevention of back injury. **\$129.95**

C004G - Accidents - "It can't happen to me!" (English or Spanish) (9 min.)

Depicts how accidents are caused and prevention. Emphasis on unsafe acts of employees and their responsibility for injury prevention. **\$129.95**

C015E - Scaffold Safety (English or Spanish) (8 min.) Excellent training program for anyone working on or near scaffolding. Attention given to safety rules, operating procedures, and safe use of scaffolds. Meets scaffold training requirements. **\$129.95**

C016E - Signs and Barricades (English) (10 min.) Overview of different types of signs and barricades found on construction sites. The importance of adhering to the instructions & restrictions of these signs is featured in this program. **\$129.95**

C010G - Safety and Your Responsibility (English or Spanish) (12 min.) Excellent training program for new or experienced personnel who are exposed to general hazards. Demonstrates proper clothing, footwear, electrical safety, safe lifting, and personal protection. **\$129.95**

C014E - Powder Actuated Tools (English or Spanish) (10 min.) Operating these tools requires appropriate training. Defines equipment, types of loads, potential hazards, and appropriate safety procedures when operating this equipment. **\$129.95**

SAFETY VIDEO CATALOG



You may order our videos in any of the following ways

1. Mail the completed form to: 2. Fax this form: 3. Call in to:
 AIT Training & Technology (812) 696-0881 (800) 696-5507
 PO Box 436 or
 Farmersburg, IN 47850 (812) 696-0880

Company name: _____ Date: _____

Contact Person Name: _____ P.O. Number: _____

Shipping Address:

Billing Address:

Phone Number: _____ E-Mail Address: _____

| Catalog Number | Program title | Quantity | Price Per |
|----------------------------------|---------------|----------|-----------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Sub Total | | | |
| Shipping/Handling Charges | | | |
| Total | | | |

Shipping and handling Charges.

| | | | |
|----------------|-----------------|-------------------|--------------------|
| 1 video | 2 videos | 3-6 videos | 7-10 videos |
| \$9.00 | \$10.00 | \$15.00 | \$25.00 |

11 videos or more shipping is *FREE*

Phone (812) 696-0880 or (800) 696-5507
 Fax (812) 696-0881 www.aitnow.com